



TECHNICAL GUIDELINES

SWIMMING



**VII Juegos Deportivos Escolares
Centroamericanos y del Caribe**

Córdoba 2025

TECHNICAL GUIDELINES SWIMMING

OVERVIEW



HOST CITY MONTERIA CORDOBA COLOMBIA: Montería, the capital city of the Department of Córdoba, is located in the northwestern part of the country, within Colombia's Caribbean region. Situated on the banks of the Sinú River—hence its nickname “Pearl of the Sinú”—it is also known as the “Cattle Capital of Colombia.” The city has a total population of 527,436 inhabitants and an average temperature ranging from 28°C to 32°C.

Montería is a cultural city recognized for its traditional folk dances such as cumbia, porro, and fandango, as well as for its handicrafts made from natural fibers, such as the iconic sombrero vueltiao. It is home to major national events such as the corralejas and the National Cattle Fair, both of significant importance in Colombia.

PARTICIPANTS' DECLARATION

General Regulations – Art. 29 When submitting their registration, participants in the JEDECAC shall sign the following declaration: “I hereby declare, on my honor, that I will respect the Statutes of CONCECADE, the General Regulations of the Central American and Caribbean School Sports Games, the Competition Rules, and all other provisions of the Games, committing myself to participate under the principles of Fair Play, applying my utmost effort and technical skills.”

VENUE: Villa Olímpica del Norte



Montería Córdoba Dirección: Carrera 6. # 77 – 305, foto gogle maps

TECHNICAL GUIDELINES S W I M M I N G

DATES: November 1–6, 2025

COMPETITION DAYS: November 2–5, 2025

TECHNICAL INFORMATION MEETING: November 1, 2025

REGULATIONS: The General Regulations of the JEDECAC will apply, as well as the current regulations of the International Swimming Federation (FINA).

CATEGORY:

The age of the athletes shall be as established in Article 28 of the JEDECAC General Regulations. The upper age limit is 17 years as of the year of the competition, while there is no lower age limit as it is not a contact sport.

DELEGATION QUOTAS

ATHLETES	Up to 12 female athletes
	Up to 12 male athletes
COACH	Up to two (2) coaches
DELEGATE	One (1)

- ❖ Each country may enter up to two (2) athletes per event, with each athlete allowed to compete in three (3) individual events and one (1) relay, without exceeding the maximum number of participants established.
- ❖ For an event to be official and count towards the medal table, at least three (3) participants from different countries must be registered at that event.
- ❖ Each country may register one (1) coach for every ten (10) athletes entered. If fewer than ten athletes are entered, one (1) coach may still be registered.
- ❖ Once the nominal registration has been completed, no new athletes may be added during the Technical Congress. This meeting is for confirming and/or correcting registration details, in accordance with each country's organizational and technical situations.

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DISTANCE AND EVENTS.

EVENT	FEMALE	MALE	MIXED	MEDALS		
				GOLD	SILVER	BRONZE
50m Freestyle	X	X		2	2	2
100m Freestyle	X	X		2	2	2
200m Freestyle	X	X		2	2	2
400m Freestyle	X	X		2	2	2
800m Freestyle	X	X		2	2	2
1500m Freestyle	X	X		2	2	2
50m Backstroke	X	X		2	2	2
100m Backstroke	X	X		2	2	2
200m Backstroke	X	X		2	2	2
50m Breaststroke	X	X		2	2	2
100m Breaststroke	X	X		2	2	2
200m Breaststroke	X	X		2	2	2
50m Butterfly	X	X		2	2	2
100m Butterfly	X	X		2	2	2
200m Butterfly	X	X		2	2	2
200m Individual Medley	X	X		2	2	2
400m Individual Medley	X	X		2	2	2
4x100m Freestyle Relay	X	X		2	2	2
4x200m Freestyle Relay	X	X		2	2	2
4x100m Medley Relay	X	X		2	2	2
4x100m Medley Relay			X	1	1	1
PARCIAL TOTAL	20	20	1	41	41	41

MEDALS AT STAKE

GOLD	SILVER	BRONZE
41	41	41

COMPETITION SYSTEM AND TECHNICAL SPECIFICATIONS

Preliminary heats and finals will be held; preliminaries will take place in the morning and finals in the afternoon.

a) All preliminary and final events will be held in 8 lanes.

b) All events will have preliminary heats and finals, except for the 800m and 1500m freestyle (men's and women's) events.

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- c) The 800m and 1500m freestyle events (men's and women's) will be swum as timed finals, with the eight fastest-seeded swimmers competing in the afternoon finals session.
- d) Relay events will have preliminary heats and finals.
- e) If eight (8) or fewer swimmers are entered in an individual event, or eight (8) or fewer relay teams are entered, the event will be swum as a direct final in the afternoon.
- f) Mixed relays shall consist of two male and two female swimmers.

AWARDS

Medals will be awarded for each scheduled event as follows:

1st place: Gold medal

2nd place: Silver medal

3rd place: Bronze medal

Total medal count in dispute: 41 Gold, 41 Silver, 41 Bronze.

PROTESTS AND CLAIMS

Article 39 – Eligibility: Protests regarding an athlete's eligibility prior to the start of the Games will be resolved by the JEDECAC Technical Committee of the respective sport. Protests must be signed by the Head of Mission, Deputy Head of Mission, or the sport delegate.

To verify eligibility, delegations must present athletes' original passports at the technical meetings. All Heads of Mission will have access to these documents.

Article 40 – Appeals: The Organizing Committee (CO) and the CONCECADE Technical Commission (CT-CONCECADE) will appoint a First Instance Appeals Tribunal for each sport to address and resolve protests within the respective discipline.

This tribunal will be composed of three (3) members: the sport's technical coordinator and two representatives from participating countries, elected during the technical meeting.

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TRANSITIONAL PROVISIONS

Any matters not provided for in this document shall be resolved by the JEDECAC Organizing Technical Commission.

In witness thereof, it is signed in August of the year two thousand twenty-five (2025).



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