



TECHNICAL GUIDELINES

KARATE DO



**VII Juegos Deportivos Escolares
Centroamericanos y del Caribe**

Córdoba 2025

TECHNICAL GUIDELINES KARATE DO

OVERVIEW



.HOST CITY MONTERIA CORDOBA COLOMBIA: Montería, the capital city of the Department of Córdoba, is located in the northwestern part of the country, within Colombia's Caribbean region. Situated on the banks of the Sinú River—hence its nickname “Pearl of the Sinú”—it is also known as the “Cattle Capital of Colombia.” The city has a total population of 527,436 inhabitants and an average temperature ranging from 28°C to 32°C.

Sub-Venue – Municipality of Cereté: The Municipality of Cereté derives its name from an oral tradition: it is said that when the Spanish arrived, they asked a local resident for the name of the place. Since he did not speak Spanish, he thought they were asking his name and replied “seré T” (“I will be T”). From this exchange, the name “Cereté” emerged, although the exact process of how “seré T” became “Cereté” remains uncertain. Cereté is also known as the “Capital of White Gold” due to its cotton cultivation. It is the second-largest city in the department and is renowned for its kibbes, reflecting the area's Syrian and Lebanese cultural influence. (Source: Wikipedia)

PARTICIPANTS' DECLARATION

General Regulations – Art. 29 When submitting their registration, participants in the JEDECAC shall sign the following declaration: “I hereby declare, on my honor, that I will respect the Statutes of CONCECADE, the General Regulations of the Central American and Caribbean School Sports Games, the Competition Rules, and all other provisions of the Games, committing myself to participate under the principles of Fair Play, applying my utmost effort and technical skills.”

VENUE: Mario de León Guzmán Coliseum, Cereté, Córdoba Address: Cl. 4 #14 - 40, Google Maps photo



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DATES: November 6–10, 2025

COMPETITION DAYS: November 7–9, 2025

TECHNICAL INFORMATION MEETING: November 6

REGULATIONS: The General Regulations of the JEDECAC Games will apply, as well as the 2025 regulations of the World Karate Federation (WKF).

CATEGORY:

The age of the athletes must comply with the provisions of Article 28 of the JEDECAC General Regulations. The maximum age limit is 17 years (U-17) as of the year of competition, and the minimum age limit is 15 years, provided that the athlete is within the weight division in which they will compete.

DELEGATION QUOTAS

ATHLETES	Up to 10 female athletes
	Up to 10 male athletes
COACH	Up to two (2) coaches
DELEGATE	One (1)

- ❖ Each country may register a maximum of one (1) athlete per Kumite event and up to five (5) athletes per gender in Kata (3 for team events and 2 for individual events).
- ❖ An athlete may compete in both modalities.
- ❖ For an event to be official and count towards the medal table, at least 3 athletes or teams from different countries must be registered in that event.

WEIGHT DIVISIONS AND MODALITIES

MODALIDAD	DIVISIONES DE PESO		TOTAL MEDALS		
	FEMALE	MALE	GOLD	SILVER	BRONZE
KUMITE	- 48 kg	- 55 Kg	2	2	4
	- 53 kg	- 61 Kg	2	2	4
	- 59 Kg	- 68 Kg	2	2	4
	- 66 Kg	- 66 Kg	2	2	4
	+ 66 Kg	+ 76 Kg	2	2	4
KATA	Individual	Individual	2	2	4
	Team (3 athletes)	Team (3 athletes)	2	2	4
SUBTOTAL	7	7	14	14	28

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MEDALS AT STAKE

GOLD	SILVER	BROZCE
14	14	28

COMPETITION SYSTEM AND TECHNICAL SPECIFICATIONS

- a) For Kumite, the competition will follow a single-elimination format, with repechage for third place; two (2) bronze medals will be awarded. For Kata, the competition will follow the rules set by the World Karate Federation (WKF) 2025.
- b) The official uniform is mandatory (white karategi, shin guards, gloves, blue and red belts, mouthguard, body protector for men, and body protector and chest guard for women, as well as groin protector). All equipment must be WKF-approved.

COMPETITION AREA SPECIFICATIONS

- a) The competition area must comply with the official measurements established by the WKF.
- b) The discipline will be organized by the technical officials in coordination with the National Karate Federation.

WEIGH-IN CONTROL AREA AND TECHNICAL MEETING

- a) Access to the weigh-in area and technical meeting will be granted only to the delegate or, in their absence, one accredited coach from the karate delegation, duly authorized by the delegation's head. The authorization must be signed.
- b) The tolerance margin will be as established in the WKF 2025 regulations.

COMPETITION AREA CONTROL

- a) Only individuals accredited by the Organizing Committee will be allowed in the competition area.
- b) Athletes may enter the competition area only during their bout and must leave immediately after.
- c) Street shoes are not allowed in the competition areas.

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AWARDS

All athletes must wear their national team uniform for the awards ceremony. Awards will be given for each event and category as follows:

1st place: Gold medal

2nd place: Silver medal

3rd place: Bronze medal (awarded to both athletes who place third)

PROTESTS AND CLAIMS

Article 39 – Eligibility (By age or affiliation to educational institutions): Protests regarding the eligibility of an athlete prior to the start of the Games will be resolved by the Technical Committee of the JEDECAC Games for the sport in question. Protests must be signed by the Head of Mission, Deputy Head of Mission, or the sport delegate. To confirm athlete eligibility, delegations must present original passports during the technical meetings. All Heads of Mission will have access to these documents.

Article 40: The Organizing Committee (OC) and the CT-CONCECADE (Technical Commission of the Central American and Caribbean Sports Council) will appoint a First Instance Appeals Tribunal for each sport, responsible for hearing and ruling on protests and claims in that sport.

This tribunal will consist of three (3) members: the technical coordinator for the sport and two representatives from participating countries, elected during the technical meeting.

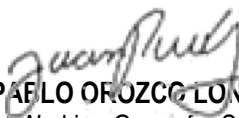
TRANSITIONAL PROVISIONS

Any matters not provided in this document will be resolved by the JEDECAC Organizing Technical Commission.

Signed in August of the year two thousand twenty-five (2025).



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